Dear Coaches

We are excited to start our 6-8th grade youth volleyball league. We have a lot of teams and should see some great volleyball.

We have 12- 8th grade teams, 12-7th grade teams and 7-6th grade teams.

Please look and see if you have other coaches that need to be on the mailing list.

Make sure that if you are playing the first match of the day or reffing that you are on time.

Match times are a reference. We will start the next match as soon as the previous one is completed.

Here are the rules and expectations of the league.

Game Rules: Follow High School rules with the following exceptions.

1. 6 & 7th graders can step about 1 yard in to serve if they need to.
2. There is free substitutions so that more kids can play but coaches may not substitute in order to allow a player to serve more frequently than every 6 spots and the same goes for playing the front row.

Reffing:

1. If you are assigned to ref a match this means:

Coach needs to blow the whistle for serves and only call major lifts, carries etc.

Call net violations.

1. You will need to have 2 players do the lines, and 1 player keep score with a flip chart.
2. Please bring your own whistle.
3. Do Rock Paper Scissors for Serve.

Warmups:

1. First Game of the day 3-3-2 ( Referee make sure this is not abused)
2. After the teams have played once, Serve 2 Minutes and play.

Games:

1. Best of 3, First 2 games to 25 3rd game to 15 with caps at 27-27 and 17